

Personal, Social, Health Education Policy

St Michael's Federation

2016

**Working, learning, playing, praying and believing together
we will be stronger.**

**The Federation of Onny and Lydbury North C of E (A)
Primary Schools seeks to serve the community in an
atmosphere of mutual trust and respect.**

Prayer and Worship are at the heart of our daily life.

**Each and every child is held in the love of God and their
uniqueness, progress and achievements celebrated.**

**We foster a happy, nurturing, stimulating environment
which motivates children, promoting self-esteem and the
confidence to thrive in the wider world.**



PSHE is Personal, Social, and health education. It spans all areas of the curriculum and is designed to develop the children's social and emotional skills and ensure that they are aware of the factors that will help them to grow up to be young healthy adults.

The mission statement of our Federation speaks of a Christian care and concern for all our children and the PSHE curriculum underpins this ethos.

Our Aims

- To develop personal confidence and self-esteem and an "I can do it!" attitude
- To enable children to express their views and know that they will be valued.
- To promote healthy eating and exercise and an awareness of the importance of keeping healthy.
- To deliver a rolling programme that raises children's awareness of issues that will keep them safe from harm.
- To support children with additional needs and support those at times in their lives when they are very vulnerable and in need of additional care and support.
- To encourage children to consider carefully the feelings of others and be able to "Fit into someone else's shoes" – developing skills of empathy.

Organisation

PSHE is coordinated by the Head and Lead Teachers of each school site. All staff in school contribute to the PSHE curriculum. There is designated time set aside for PSHE within each class weekly, but much of the social and emotional development of the children is within the continuous learning environments of the children. The staff all model and nurture this development as they work with the children in their classes. There are many cross curricula links made particularly with the RE curriculum.

The Federation follows the Shropshire "Respect Yourself" PSHE curriculum. Initiatives are taken also in response to children's needs and experiences throughout the year. There is a rolling programme of workshops and events covering different aspects of PSHE. An example of this is a focus on anti-bullying each November in line with the national event. Children with social and emotional difficulties have additional support and specialist programmes designed for them – the use of social stories as an example.

PSHE links with all areas of the curriculum and enhances and supports all the work we do in school. The federation has a holistic view of education and aims to nurture and develop the whole child. As small family schools we have the privilege of getting to know each of our children really well and can assess their wellbeing and support them when they having difficulty. The children's' views are sort frequently and children with lower self-esteem are given particular encouragement. If a child is identified as being of concern all staff contribute to ideas to help the child; working closely with families.

We also provide support for families with a trained Parent Support Advisor who is a facilitator for the "Solihull Approach Parenting Programme" and other pastoral support programmes run for individual children or small groups. She is also a trained counsellor. Support from Enhance is also sort for children who need additional nurture and guidance. We monitor and evaluate programmes as we deliver them and improve delivery or seek outside input to enhance delivery.

The Head over sees the PSHE programme with the PSHE coordinator. Staff contribute to content and suggest new ideas and highlight needs that particular children have. Staff access TAHMS initiatives. Staff also attend specific training in medical conditions when working with children with a particular medical condition such as: diabetes or asthma. Most staff are first aiders and many hold outdoor and paediatric first aid qualifications.

The PSHE policy links to many other policies that promote safeguarding and wellbeing E.g. Child Protection, Safety, Anti-bullying, Anti-racism, Behaviour, Inclusion, Drug Education, relationships and Sex Education, Equal Opportunities, Confidentiality, SEND Policy.